# A Unique Youth Holiday Program



# 7-STEPS towards excellence

### **Dates**

\*The dates & topics that will be covered are;

**Thu 20th January** Step 1 Islamic Theology

Fri 21st January Step 2 Islamic History & Revivalism Sat 22nd January Step 3 Ethical and Moral Codes

Mon 24th January Step 4 Personal Leadership
Tue 25th January Step 5 Human Excellence

Step 6 Contemporary Issues Facing Muslims

**Sat 29th January** Step 7 Communication Skills

We offer 7 Steps Certificate for over 80% of participation across modules. If however you are unable to attend all modules, please do specify which Steps you will be treading.

### **Time**

10am-3pm (1 hr lunch)

Wed 26th January

### Venue

ISRA Centre, Level 3, 128-134 South Pde, Auburn, NSW, 2144

## Cost

Free

### Reaistrations

info@isra.org.au or 9649 9040

The aim of this program is to provide a spiritual and intellectual boost, whilst diving deeper into Islam and its rich tradition of knowledge and spirituality. This is to create a passion to serve God, the community and humanity within our modern context.

This program is designed for the young men and women on vacation. Whether the vacation is from senior high or tertiary institutions, this program caters for your intellectual, spiritual and social needs during this summer. Qualified presenters from various fields of expertise will offer interactive and informative presentations.



### STEP 1 - Islamic Theology

This Step concentrates on the fundamentals of Islam and how it answers some of the most intrinsic questions a person of any background may ask, but, not necessarily find reasonable answers to. The methodology used in this course is to prove the truths of faith using core Islamic sources as well as intellectual reasoning. It hones the mind and fulfils the heart at the same time.

### STEP 2 - Islamic History & Revivalism

This Step will begin by scanning Islamic History and Islam's contribution to the Modern World. This Step covers the main global and local issues affecting Muslims in the contemporary times. A study of Said Nursi's famous 'Damascus Sermon' will be made and the most effective ways to address these issues will be covered. Islamic revivalist movements will be analyzed to highlight strengths and weaknesses. This Step will also touch on the spirit of service to religion and endeavouring in the path of Islam – exposing myths and reality.

### STEP 3 - Ethical and Moral Codes

This Step will navigate through the heart and wisdom of Islamic codes of practices. The Step will explore matters on relationships, etiquette, dietary and dress codes. Effective understandings of Islamic code of practices will navigate discussion towards a clearer understanding of cultural practices. This Module will also propose ways to successfully reconcile spiritual matters within our contemporary contexts – in a balanced manner.

### STEP 4 - Personal Leadership

This Step looks at ways we can learn to effectively self-manage ourselves, as well as the best approaches in dealing with others. After completing this Step, you will have determined your mission and vision in life, you will have set yourself short term and long term goals and learnt many skills such as time management and working effectively with others

### STEP 5 - Human Excellence

This Step focuses on achieving human excellence by exploring the key areas of purification of the heart, purification of the mind and the ultimate understanding of the self through Islamic teachings and practices. This step is aimed at instilling greater self-awareness and consciousness. The classic case study of Prophet Muhammad (pbuh) will be explored from different angles as a model of excellence.

### STEP 6 - Contemporary Issues Facing Muslims

This Step addresses questions commonly asked in today's world about Islam. Some of the topics covered include Jihad, terrorism, and women in Islam. This Step also includes a practical component where you will learn and practice how to answer questions put to Muslims. This unit will also consider the role and importance of interfaith dialogue in today's society. The textual basis of interfaith dialogue from an Islamic perspective will also be addressed to understand the theological basis for dialogue and dialogue in the life of Prophet Muhammad (pbuh).

### STEP 7 - Communication Skills

This module covers the different skills needed to enable good public speaking. There will be opportunities where participants will present a topic as they would in a real life situation. This module will increase your confidence in public speaking and teach you the different skills needed to make a presentation more effective.

ISRA(Islamic Sciences & Research Academy) Australia is an educational and research institution that, in addition to its other activities, offers University degree programs as well as HSC-based seminars and study resources.

